

# Mark Keppel High School

## Student Bulletin Monday April 29th, 2024

### Bell Schedule - Collaboration - All Periods

"None of us, including me, ever do great things. But we can all do small things, with great love, and together we can do something wonderful."  
- Mother Teresa

## ATHLETIC

**Athletic Events: Week of April 29th- May 4th, 2024**  
**Show school spirit and pride; attend sporting events.**  
Check [MKHS](https://www.mkhs.org) website for all scheduled games

- Medical Clearance Paperwork must be cleared in order to try-out or participate in any sport. If you are currently in a sport, you can try-out after your season is over.
- Cheer Team Tryouts April 29-May 3; 4-6PM in front of Aztec Old Gym.
- GBB Summer 2024 Tryouts - June 3, 4, 5 - Aztec Arena - 6-8PM
- MKHS Athletic Webpage: [mkhs.org](https://www.mkhs.org) (Athletics Tab)
- MKHS Athletic Remind/Code: @mkhsat or Text 81010
- **Congratulations to...**
  - Softball wins over Bell Gardens & Alhambra.
  - Boys' Golf wins over Alhambra.
  - Baseball wins over San Gabriel x2.
  - Vera Wong, Girls' Dive placed 3rd in CIF Division 2 & advanced to CIF State Qualifier.
  - Boys' Varsity Volleyball **ALMONT LEAGUE CHAMPIONS** wins over Chino Hills, Round 1 CIF Division 4 Playoffs.
  - Boys' & Girls' Swim Teams - **ALMONT LEAGUE CHAMPIONS** - JV Girls, JV Boys, Varsity Girls and Varsity Boys. S-W-E-E-P!!!
    - **Mark Keppel took 1st Place in 38 of 42 events on Friday!**
    - New Almont League Records:
      - **Varsity Girls 200 Medley Relay:** Nadia Lui, Jessica Chu, Jasmine Phuong and Angelina Pang.
      - **Varsity Boys 200 Medley Relay:** Eric Luong, Tim Chun, Frank Pang and Alton Qian.
      - **Varsity Boys 200 Individual Medley:** Frank Pang
      - **Varsity Girls 100 Freestyle:** Jasmine Phuong matched her previous league record
      - **Varsity Girls 200 Freestyle Relay:** Jessica Chu, Nadia Lui, Angelina Pang and Jasmine Phuong
    - **CIF Southern Section Championships Swimming and Diving Representatives:**
      - **Division 2 Girls:** Vera Wong, Jessica Chu, Grace Gallardo, Alyssa Hong, Nadia Lui, Angelina Pang, Jasmine Phuong, Kailee Quan, and Madison Quan.

- **Division 1 Boys: Benjamin Boun, Elijah Chin, Tim Chun, Kyle Lam, Eric Luong, Frank Pang, Alton Qian, Colin Shiung, Alex Song and Andy Zhu.**
- Boys' & Girls' Track & Field Almont League Individuals...
  - CIF Qualifier Prelims:
    - **Jolin Chin** - 800m (1st place) and 1600m (1st place) Co-league MVP.
    - **Kalani Kakita** - 100m Hurdles (1st place) and 300m Hurdles (1st place).
    - **William Liu** - 100m (1st place), 200m (1st place), 4x100m (1st place), 4x400m (1st place) League MVP.
    - **Ethan Amaro** - 4x100m (1st place).
    - **Amado Ward** - 4x100 (1st place).
    - **Elvin Yang** - 4x100 (1st place), 4x400m (1st place), 110m Hurdles (1st place), 300m hurdles (1st place).
    - **Caden Minohara** - 800m (2nd place with a qualifying time of 2:04.25).
    - **Ethan Yung** - 4x400m (1st place).
    - **Carson Wang** - 4x400m (1st place).
  - Girls' Varsity:
    - **Kalani Kakita**: 2nd place in the 100m with a time of 13.46 seconds, 1st place in the 100m Hurdles with a time of 16.59 seconds, 1st place in the 300m Hurdles with a time of 48.48 seconds.
    - **Danielle Garcia**: 3rd place 100m with a time of 13.61 seconds, 3rd place in the 200m with a time of 27.18 seconds.
    - **Yi-Jen (Jolin) Chin**: 1st place in the 800m with a time of 2:30.18, 1st place in the 1600m with a time of 5:34.55.
    - **Victoria Vega**: 3rd place in the 800m with a time of 2:35.64, 2nd place in the 1600m with a time of 5:37.72.
    - **Danielle Garcia, Jolin Chin, Sarah Deng and Breasia Jones**: 2nd place in the 4x400m relay with a time of 4:32.86.
    - **Kelly Liu**: 3rd place in the Long Jump with a jump of 14 feet and 10 inches and 2nd place in the Triple Jump with a jump of 29 feet and 10 inches.
  - Girls' F/S: **ALMONT LEAGUE CHAMPIONS**
    - **Brooke Crawford**: 1st place in the 100m with a time of 13.33 seconds, 1st place in the 100 Hurdles with a time of 17.75 seconds, 1st place in the 300 Hurdles with a time of 53.16 seconds, and 1st place in the 4x100m relay with a time of 53.84 seconds.
    - **Nadia Pan**: 2nd place in the 100m with a time of 13.64 seconds, 1st place in the 200m with a time of 28.75 seconds, and 1st place in the 4x100m relay with a time of 53.84 seconds.
    - **Vivian Lin**: 3rd place in the 100m with a time of 13.90 seconds, 3rd place in the 200m with a time of 29.30 seconds, and 1st place in the 4x100m relay with a time of 53.84 seconds.
    - **Marina Espinoza**: 3rd place in the 400m with a time of 1:11.50, 3rd place in the 300m Hurdles with a time of 58.84 seconds.
    - **Harley Thai**: 1st place in the 4x100m relay with a time of 53.84 seconds, 1st place in the Long Jump with a jump of 14 feet 8 inches.
    - **Sienna Wong**: 1st place in the triple jump with a jump of 29 feet 3 inches.
    - **Charlotte Lee**: 2nd place in the triple jump with a jump of 28 feet 10.5 inches.

- **Jasmin Huang:** 1st place in the discus with a throw of 75 feet 5 inches and 2nd place in the shot put with a throw of 26 feet 4.5 inches.
- Boys' Varsity: **ALMONT LEAGUE CHAMPIONS**
  - **William Liu:** 1st place in 100m with a time of 10.78 seconds and 1st place in the 200m with a time of 22.21 seconds.
  - **Amado Ward:** 2nd place in the 100m with a time of 11.45 seconds.
  - **Carson Wang:** 2nd place in the 400m with a time of 54.17 seconds and 1st place in the 4x400m relay with a time of 3:35.98.
  - **Caden Minohara:** 2nd place in the 800m with a CIF qualifying time of 2:04.25.
  - **Elvin Yang:** 1st place in the 110 Hurdles with a time of 15.73 seconds and 1st place in 300m hurdles with a time of 41.59 seconds.
  - **Ethan Amaro, Amado Ward, Elvin Yang, and William Liu** 1st place in the 4x100m relay with **ALMONT LEAGUE RECORD** time of 43.51 seconds.
  - **Ethan Yung:** 1st place in the 4x400m relay with a time of 3:35.98 and 3rd place in the Long Jump with a jump of 18 feet 9.5 inches.
  - **Elvin Yang, Ethan Yung, Carson Wang and William Liu:** 1st place in the 4x400m relay with a time of 3:35.98.
  - **Daniel Gamboa:** 2nd place in the High Jump with a jump of 5 feet 2 inches, 2nd place in the Long Jump with a jump of 19 feet 11 inches and 3rd place in the Triple Jump with a jump of 38 feet 0.5 inches.
- Boys' F/S: **ALMONT LEAGUE CHAMPIONS**
  - **Nathan Chung:** 2nd place in the 100m with a time of 11.90 seconds and 2nd in the Long Jump with a jump of 17 feet 2 inches.
  - **Anthony Louangkhot:** 3rd place in the 100m with a time of 11.95 seconds.
  - **Alex Luo:** 2nd place in the 200m with a time of 24.40 seconds.
  - **Eason He:** 2nd place in the 400m with a time of 53.82 seconds
  - **Ethan Alvarado:** 1st place in the 1600m with a time of 4:52.85 and 1st place in the 3200m with a time of 10:51.10.
  - **Jay Zhang:** 1st place in the 110 Hurdles with a time of 18.38 seconds and 2nd place in the 300m Hurdles with a time of 46.35 seconds.
  - **Kent Kakita:** 2nd place in the 110 Hurdles with a time of 18.55 seconds and 1st place in the 300m Hurdles with a time of 45.71 seconds.
  - **Presley Yao:** 3rd place in the 110 Hurdles with a time of 19.29 seconds.
  - **Joey Ono, Anthony Louangkhot, Owen Chen, Nathan Chung:** 1st place in the 4x100m relay with a time of 48.09 seconds.
  - **Alex Luo, Dillon Lieu, Kyle Ohashi, Eason He:** 2nd place in the 4x400m relay with a time of 3:55.38.
  - **Matthew Frausto:** 3rd place in the High Jump with a jump of 4 feet 8 inches.
  - **Tyler Nhan:** 2nd place in the Triple Jump with a jump of 36 feet 2.5 inches.
- Boys' Tennis Almont League Individuals...
  - **ALMONT LEAGUE TEAM CHAMPIONS**
  - Singles - #3 Ryan Chan & #4 Vincent Ding.
  - Doubles - #1 Austin Eng/Brayton Andrade & #4 Edward Tsai/Brandon Wong.
  - Doubles - #1 Austin Eng/Brayton Andrade - advanced CIF Individuals Championship.

### ***Monday, April 29th - Collaboration Schedule - All Periods***

- Boys' Golf @ Almansor GC - Almont League Prelims - Matches Begin 2PM - Early Dismissal 12PM

### ***Tuesday, April 30th - Block Schedule - Periods 1, 3, 5***

- Diving Girls' Varsity - CIF Dive State Qualifier @ Mt. SAC - Event Begins 3PM - Dismissal 12:30PM
- Boys' Tennis vs/@ TBD - CIF Playoffs Wild Card - 3PM - Early Dismissal 12:30PM - Bus Leaves 1PM
- Badminton @ Arcadia - Almont League Prelims - Games Begin 4PM - Early Dismissal 2:15PM - Bus Leaves 2:45PM

### ***Wednesday, May 1st - Block Schedule - Periods 2, 4, 6***

- Boys' Golf @ Santa Anita GC - Almont League Finals - Matches Begin 12PM - Early Dismissal 9:30AM
- Girls' Swim @ Mt. SAC - CIF Prelims - Meet Begins 4PM - Early Dismissal 12:40PM - Bus Leaves 1PM
- Badminton @ Arcadia - Almont League Finals - Games Begin 4PM - Early Dismissal 2:15PM - Bus Leaves 2:45PM
- Boys' Tennis vs/@ TBD - CIF Playoffs Round 1 - 3PM - Early Dismissal 12:30PM - Bus Leaves 1PM

### ***Thursday, May 2nd - Regular Schedule - All Periods***

- Boys' Swim @ Mt. SAC - CIF Prelims - Meet Begins 9AM - All Day Dismissal - Bus Leaves 6:30AM
- Softball @ Anaheim - CIF Playoffs Round 1 - 3:15PM - Early Dismissal 12PM - Bus Leaves 12:30PM

### ***Friday, May 3rd - Regular Schedule - All Periods***

- Girls' Swim @ Mt. SAC - CIF Finals - Meet Begins 3PM - Early Dismissal 11:40PM - Bus Leaves 12PM
- Badminton vs/@ TBD - CIF Playoffs Round 1 - Games Begin 3:30PM - Early Dismissal 12:30PM - Bus Leaves 1PM
- Boys' Tennis vs/@ TBD - CIF Playoffs Round 2 - 3PM - Early Dismissal 12:30PM - Bus Leaves 1PM

### ***Saturday, May 4th***

- Boys' & Girls' Track & Field @ Ontario HS - CIF Prelims - 12PM - Bus Leaves 10AM
- Boys' Swim @ Mt. SAC - CIF Finals - Meet Begins 12PM - Bus Leaves 9:30AM

## **BACKPACK CLUB**

This week is Teacher's Appreciation Week! Backpack Club is selling custom telegrams for \$2 each in front of B building. 2 for \$3 special this week! Send a telegram to show your appreciation for any teacher, staff, and coaches!

## **POWERTIME**

Please remember to select Powertime locations for the remainder of April and for the month of May.

## **PROM**

1. PURCHASE your PROM TICKET in the STUDENT BANK today!
2. **Last day to purchase your ticket is Wednesday May 1st!** Tickets are now **\$135** - Don't Miss Out!

## **CLASS OF 2024**

### **Attention Seniors:**

1. Mark your calendar, **Class of 2024 Graduation** date is Friday, May 24th from 6:00pm-8:00pm at the Pasadena Rose Bowl.
2. A **Graduation Cap/Gown** is required to participate in the graduation ceremony. Check our school website or your student email for the detailed memo. [ORDER ONLINE HERE!](#)

## **WELLNESS CENTER**

**APRIL 30th, TUESDAY POWERTIME** in the **WELLNESS CENTER:** Social Media Literacy workshop- Led by Pacific Clinic Prevention Program.

STUDENTS: Sign up with Ms. Madrigal on Adaptive Scheduler to attend the following workshops led by Gateway Counselors Funes and Madrigal in the Wellness Center- A144

## **COLLEGE & CAREER CENTER**

Aztecs sign-up & receive Tuition & Scholarship information from the following College representative.

**4/30 - University of Arizona**

## **AP CLASS**

If you are planning to take an honors or AP class next school year, please make sure you submit the H/AP contract. The contract can be found in your student portal under the link "Forms" in the navigation menu if you no longer have access to select your classes.

## **FOOD RECOVERY**

Did you know the United States discards more food than any other country in the world: nearly 60 million tons — 120 billion pounds — every year. That's estimated to be almost 40 percent of the entire US food supply. In an effort to not let food go to waste. We have bins placed by the end of the checkout lines. Place unopened items you do not want into the bin. This is a way for us to fight against food waste and give what we can back to the food bank in our community. Please do not put trash in these bins.

## **LOST & FOUND**

The Student Support Services office has a metal cabinet with lost & found items. Items that are not picked up will be removed at the end of each month.

## **LUNCH**

**REMINDER to all students that food delivery or drop off on campus is not allowed.**

For the health and safety of all students, the Alhambra Unified School District enforces a No Food Drop-Off Policy. The staff will not accept food to be dropped off for students. If you have any questions, please contact Student Support Services. Thank you.

## **STUDENT PARKING**

Students can only park their vehicles using the baseball parking lot and on the left side facing Hellman. The right side, closest to the school, is reserved for visitors. Parking spaces are limited, and it's first come first served. The front lot will be closed at 7:30 AM

## **STUDENT BANK**

### **ATTENTION:**

- ★ Monday : 8:00 a.m.- 4:00 p.m.
- ★ Tuesday: 12:00 p.m. -4:00 p.m.
- ★ Wednesday: 8:00 a.m. -4:00 p.m.
- ★ Thursdays: 12:00 p.m.- 4:00 p.m.
- ★ Friday: 8:00 a.m.-4:00 p.m.

### **IMPORTANT:**

**Check request deadline on May 10, 2024.**

**Please make sure to plan ahead and efficiently.**